

employability support project

from change mental health

Skills you can learn from the Employability Support Project:

- Decision Making
- Problem Solving
- Expressing Ideas and Opinions
- Being Assertive
- Communications
- Planning and Organising
- Punctuality
- Working to deadlines
- Regular and consistent attendance
- The ability to learn new skills
- Attention to detail and quality
- Being literate and numerate
- Basic IT skills
- Adaptability
- Flexibility
- Initiative
- The ability to get on with others
- Giving and receiving constructive criticism
- Accepting responsibility
- Teamwork
- Helping and showing consideration to others
- Motivating others